

# Outdoor Activity Risk Assessment Checklist

WELWYN/HATFIELD U3A

Interest Group

Date Location/Postcode

Nature and Description of Activity

**Part 1: Before the activity Group Organiser Check list:**

Yes ( )

Risk Assessment Completed (attach)

- A) Consider the current Government and Public Health advice in relation to your location and the feasibility of carrying out this activity safely adhering to present social distancing requirements and permissible out-door activities.
- B) Consider whether your activity involves the sharing of any equipment or shared spaces and make suitable arrangements to have antiviral cleaning products available.
- C) Where necessary inspect area prior to starting activity to ensure adequate social distancing can be maintained throughout and to remove/isolate any hazards.
- D) Ensure travel arrangements also meet the necessary requirements.
- E) Consider the general hazards related to this type of activity, the impact accommodating Covid19 requirements may have on the way it is organised. These may relate to the numbers permitted to take part at any one time, location and potential congestion areas, obstacles, fitness levels required, appropriate dress, weather conditions etc
- F) Record outcome of these considerations in writing prior to the activity and share with participants so they can complete their personal checklist in line with the information in your checklist.

<b>Before Activity Personal Checklist:</b>	<b>Yes ( )</b>
<ol style="list-style-type: none"> <li>1) Review your own personal health and situation, referring to NHS website in England for more information if you are at higher risk of getting seriously ill from Coronavirus.</li> <li>2) Consider the health risk category of anyone else in your household.</li> <li>3) Refer to your u3a Group Organisers risk check list for the activity, reviewing if it is suitable for you at this time.</li> <li>4) Do not take part if you or anyone in your household has Covid 19 symptoms which include high temperature, continuous cough and loss or change to your sense of smell or taste.</li> <li>5) If you do attend any social or group activity and subsequently show Covid 19 symptoms or test positive you must inform the Group Leader immediately so they can initiate a 'track and trace' system to all members that attended that particular session.</li> </ol>	

<b>Part 1. Activity Checklist outcomes:</b>	<b>Yes ( )</b>
<b>Signed Group Organiser:</b>	<b>Dated</b>